



COMMUNITY SUPPORT AND RESOURCES

Fountain Valley School District
Office of Support Services
10055 Slater Avenue
Fountain Valley, CA 92708
714-843-3281

Inclusion on this list does not denote the recommendation of any specific agency or individual by the Fountain Valley School District. Please contact individual counselors for further information regarding insurance coverage, specific mental health specialties, and licensure background.

Revised 08/2015

Drug & Alcohol Services

Alanon/Alateen (Garden Grove)*
Family and Friend Support Groups
1-714-748-1113

Private Counselors/Therapists

Fountain Valley
Ken Rhea, MFT (1-714-775-0777)

Huntington Beach
Stephanie Fraser, MFT
(1-714-369-7161)
Adam Grindlinger, LCSW
(1-562-833-8185)
Matthew Lynch, Ph. D
(1-714-717-2965)
Linda Sanicola, Ph. D
(1-714-841-5534)

Irvine/Lake Forest
Nathan Hunter, Ph. D.
(1-949-540-4010)
Cathlyn Traugher, MFT
(1-949-509-3003)

Long Beach
Rosemary Botch, MFT
(1-714-356-6941)
Jay Lentzner, M.D. Psychiatry
(1-562-961-0155)

Newport Beach
Rubina Albador, MFT
(1-949-262-1559)
John Prange, Ph. D. MFT
(1-949-476-2030)

Irene Rocha, MFT
(1-949-442-1662)
Diana Troutt, MFT
(1-949-458-6933)
Shivani Chopra, M.D. Psychiatry
(1-949-482-1600)
Elizabeth Roberts, M.D. Psychiatry
(951-894-6900)

Hospitals

College Hospital
Costa Mesa 1-949-642-2734
Cerritos 1-562-924-9581

Planned Parenthood
1-800-230-7526

UC Irvine Medical Center
1-714-456-7890

Drug Testing

Orange 1-800-337-2966

Newport Beach 1-949-646-0216

Costa Mesa 1-714-432-0020

Laguna Hills 1-949-582-2738

Shelters

Casa Youth Shelter
Los Alamitos 1-562-594-6825

CSP Youth Shelter
Huntington Beach 1-714-842-6600
Laguna Beach 1-949-494-4311

Grief Support Services

Pathways Volunteer Hospice
(Lakewood)*
1-562-531-3031

New Hope Grief Counseling (Long
Beach)*
1-888-490-4673

*FREE SERVICES
%SLIDING SCALE FEES

24 Hour Hotlines

Action (Drug and Alcohol)
1-800-367-8336

California Youth Crisis Line
1-800-843-5200

Centralized Assessment Team
1-866-830-6011

Crisis Call Center
1-800-273-8255, text ANSWER to
839863

National Teen Dating Abuse Hotline
1-866-331-3474 or Text LOVEIS to
22522

National Domestic Violence Hotline
1-800-799-SAFE (7233)

New Hope Crisis Counseling (Catholic)
1-714-639-8336

OC Links
1-855-625-4657

Rape and Sexual Abuse Hotline
Counseling and Links to local
resources
1-800-656-4673

Runaway Switchboard
1-800-786-2929

Trevor Project (Crisis for LGBT youth)
1-866-488-7386,
Text 202-304-1200

GLBT National Youth Peer Talk line
(M-F 1pm-9pm and Sat 9am-2pm)
1-800-246-7743

Crisis Text Line - 741741

Alcoholics Anonymous*
1-714-556-4555 (24 hours)

Atlantis Academy (HB)
Residential plus academics
1-714-962-7100

Breakaway Health (Costa Mesa) %
Outpatient for Family and Teen
1-714-957-8229

California Youth Services; JADE
Parent and Teen education
program
1-949-303-9016

Chapman House (Orange)
Residential and Outpatient
1-800-328-6020 (24 hours)

**Chapman Medical Center- Positive
Achievement Center (Orange)**
Residential and Outpatient
1-800-337-2966

Cocaine Anonymous *
1-949-650-1011

**Crystal Methamphetamine
Anonymous***
1-213-488-4455

CSP Project PATH*
Drug and Alcohol Education
Program
1-949-250-0488

Hired Power (HB)
Addiction Intervention & Recovery
1-800-910-9299

**Hoag Chemical Dependency
Recovery Center- Residential**
1-877-563-8688 (24 hours)

Marijuana Anonymous*
1-800-766-6779

Narcotics Anonymous (OC)*
1-949-661-6183 (24 hours)

O.C. Health Care Agency %
Adult and Older Adult Abuse
Services (AOABH)
1-714-896-7574

Phoenix House (Santa Ana)
Residential and Outpatient
1-714-953-9373

Touchstones (Orange) %
Residential, Social Model Recovery
1-714-639-5542

Tobacco Use Prevention Program*
Counseling and Self-help Materials
1-714-541-1444

Twin Town Treatment Center
Outpatient Program
1-562-594-9944 (Los Alamitos)
1-714-532-9295 (Orange)

Clinics and Counseling Centers

**Advances & Breakthrough in
Mental Health**
1-562-365-2020

Center for Discovery
Residential programs
1-866-458-5441

**Community Service Programs
(Santa Ana)***
1-949-250-0488

Eating Disorder Foundation of OC*
(Education and Prevention)
1-800-342-8793

FACES * and %
Parenting and Anger-Management
Services
1-714-993-2237

**Human Options (Newport Beach
and Costa Mesa)***
Domestic Violence Shelter and
Counseling
1-877-854-3594 (24 hours)

**Living Success Center, Inc. (Costa
Mesa) %**
1-949-645-4723

**Mariposa's Women Center
(Orange) %**
1-714-547-6494

O.C. Health Care Agency %
1-714-896-7574

**O.C. CREW; Psychosis Response
(Orange)***
1-714-480-5100

**Oak View Family Resource Center
(HB)***
Family services, counseling, parent
education
1-714-842-4002

Providence Human Services %
1-800-747-6950

**Social Skills Development Center
(HB)** 1-714-658-0797

**Western Youth Services (Fountain
Valley)**
1-714-378-2620

**Didi Hirsch Mental Health Services
(Santa Ana)** Suicide Prevention &
Support groups
1-714-547-0885

**National Alliance on Mental Illness
(Westminster) Youth**
Emotional/Behavioral Disorders
714-991-6412

The LGBTQ Center (Long Beach)
1-562-434-4455

The LGBT Center (Orange County)
714-953-5428

All available Orange County
resources can be found at
www.211oc.org